

爸爸妈妈，你亲子共读了吗？

新手



亲子共读 是什么？



很简单，就是爸爸妈妈每天拿起一本书，朗读给孩子听，世上没有任何一种高科技产品能取代亲人的声音，以及心无旁骛的关注。

“给孩子朗读，能够建立孩子必备的知识体系，引导他们最终踏上成功的阅读之路，朗读是唯一且最重要的活动。”

— JIM TRELEASE



亲子共读，越早开始越好！

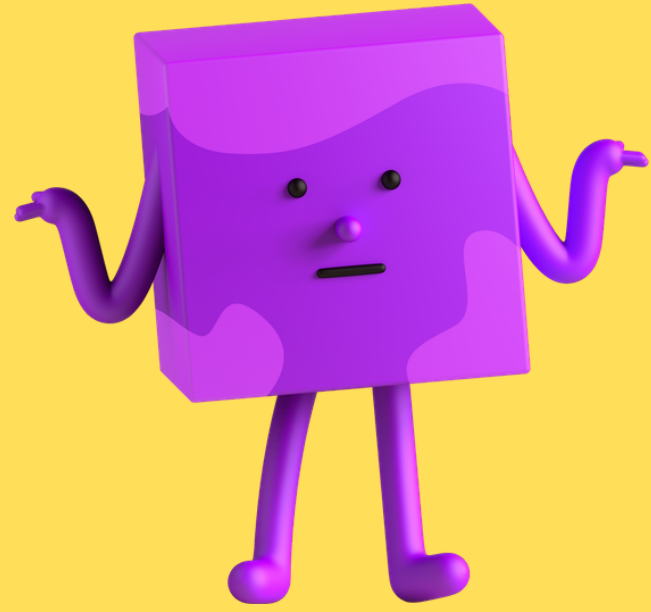
如果家长愿意，**宝宝出生后**就可以开始亲子共读咯！

这是因为，宝宝能从你的声音中得到**安抚**，感受你的**关爱**，

另外，朗读可以促进宝宝的听觉、视觉和触觉发展。

“宝宝出世后的几年内，脑部可创建数万亿个连接，是人生脑部发展最巅峰的时期，错过了就没了”

[Read Aloud.org](http://ReadAloud.org)



为什么一定要亲子共读？

因为这是**最轻松**的亲子活动，不需要付昂贵的费用，也不需要超强的体力，你只需要把孩子抱在怀里给他讲故事，这将会是他童年最美丽的回忆。

另外，亲子共读能扩展孩子的**词汇**、促进孩子的**理解**能力、语言能力、**想象力**、表达能力、培养**同理心**等各种品格修养。



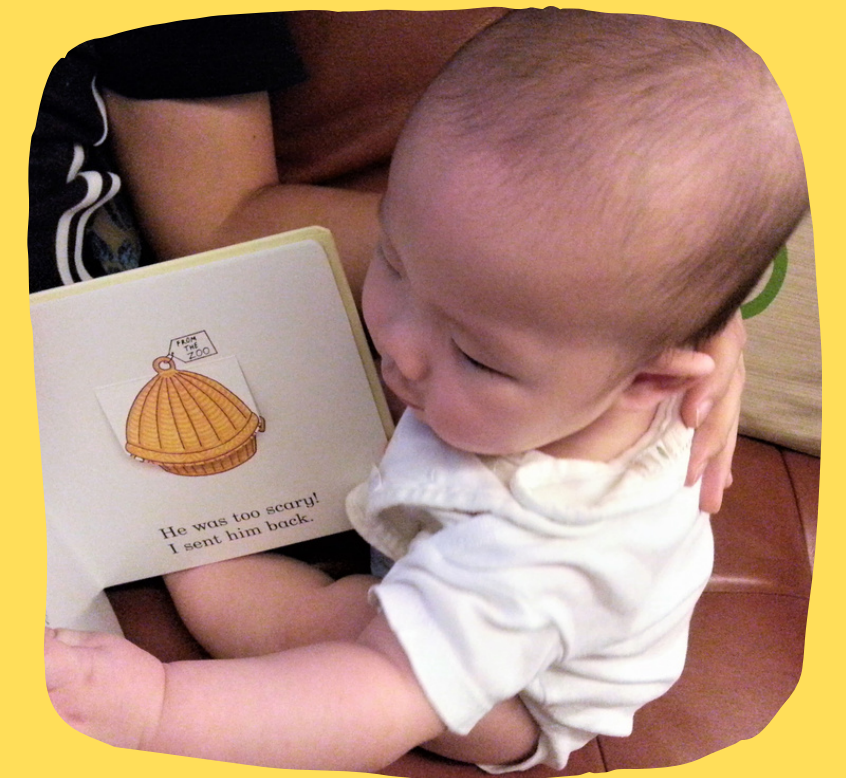
亲子共读最终的目的

是为孩子日后成为**终身阅读者**而铺路

共读等于陪伴，对于孩子来说是一件愉快的事情，
把欢愉和阅读联想在一起，孩子爱上阅读的机率就大大提升

怎样和宝宝共读？

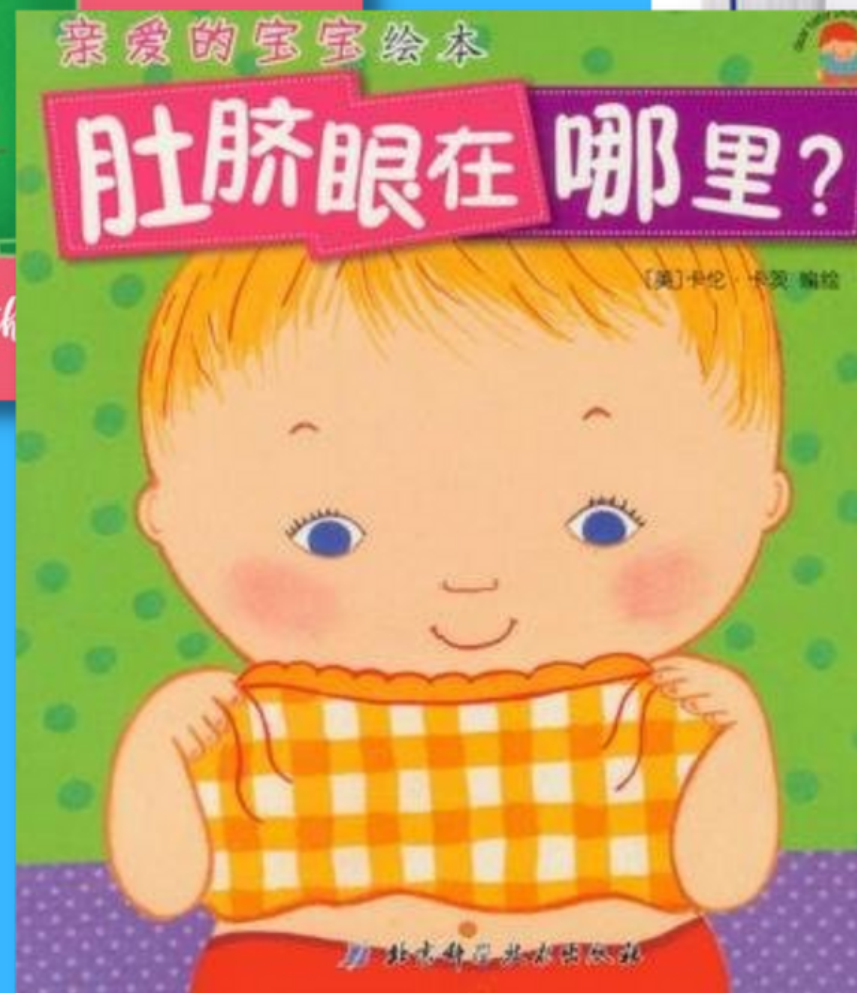
1. 把他抱在怀里，示范给他看怎么翻书
2. 让他摸摸、翻翻、嗅嗅、咬咬布书、洗澡书、纸板书
3. 再念给他听，时间不用太长，2分钟—5分钟就好
4. 最好能在每天特定时段（比如睡前）共读，宝宝喜欢有规律的日常



宝宝读布书、触摸书



宝宝读绘本



共读小提示

✓ 咬书是正常的；专注时间没两分钟也是正常的

✓ 要有心理准备，孩子会重复要求念同一本书n遍

✓ 共读时语气夸张些，表情生动些



✓ 别忘了共读时给孩子拥抱亲亲哦！

✗ 千万别强迫孩子坐下来听你说

✗ 也不要将亲子共读变成一堂教学课

别着急、慢慢来！

记得，亲子共读必须是欢乐无压力的，照顾宝宝可能已经让你疲惫不堪，该休息的时候一定要休息！今天如果没办法共读也没关系，当你偷得一些喘气的空档时，不妨拿起那本书，读给宝宝听，哪怕就一分钟，日积月累，就是一段珍贵的阅读体验了。



谢谢阅读！

所有内容参考亲子共读相关书籍
和一群在马来西亚拥有丰富共读经验家长的集体知识与心得，包括一
名修读儿童教育心理课程的妈妈，撰写而成的。

此公益文宣由亲子共读分享FB专页和悦读熊猫联合呈现



亲子共读分享

www.facebook.com/wereadtoourkids



Reading Panda

悦读熊猫

www.reading-panda.com

Have you read aloud TO your BABY?



A Joint Community Effort brought to you by We Read to Our Kids and Reading Panda Year 2021

WHAT is Reading ALoud?



It simply means that **parents pick up a book and read to children.**

No amount of tech can replace the one thing that matters the most, your voice with undivided attention.

“The single most important activity for building the knowledge required for eventual success in reading is reading aloud to children.”

- Jim Trelease



Start Reading ALOUD – The Earlier The Better!

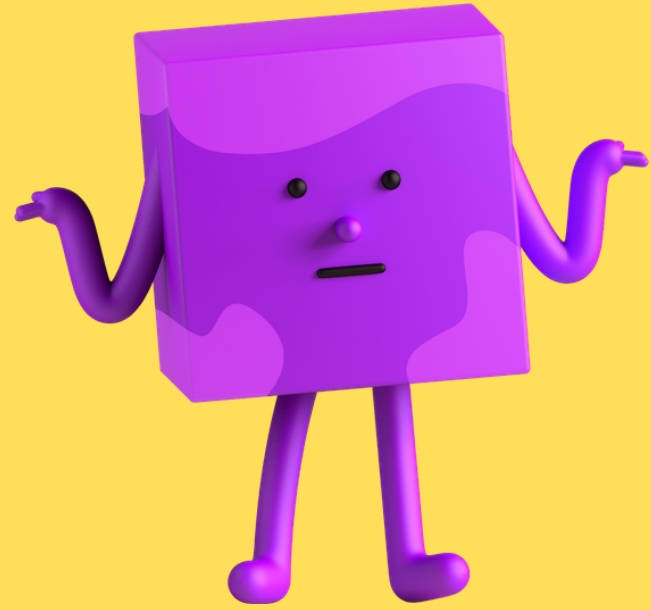
You can *start* as *soon* as your baby is born!

Babies can benefit from reading aloud by listening to your comforting voice. It helps her feel *safe and loved*.

Reading also stimulates the sense of hearing, sight and touch.

“The first few years of life is critical to your child’s brain development. Your baby is literally making trillions of connections during the first few years, the fastest it will ever grow” -

Readaloud.org



WHY READ-ALoud?

The *easiest way to bond* with your child - no physical stamina or expensive toys is needed! Putting your child on your lap and reading to her are the best memories she will ever have of you.

Reading also helps expand *vocabulary*, develop *comprehension* and *communication* skills, encourage *imagination* and foster *empathy*.



THE ULTIMATE GOAL OF READING ALOUD

Is to set children on the road of becoming *lifelong readers*.

Parents reading to children is a joyful experience. When children associate reading with pleasure, the likelihood of becoming avid readers increases significantly.

HOW TO READ TO a BABY?

1. Place her on your lap, show her how to flip a book.
2. Let her touch, flip, smell and chew cloth books and board books.
3. Read to her for 2-5 minutes.
4. Babies love routines, so try to read everyday at the same time, e.g. before bedtime.



WHAT TO READ TO BABIES?

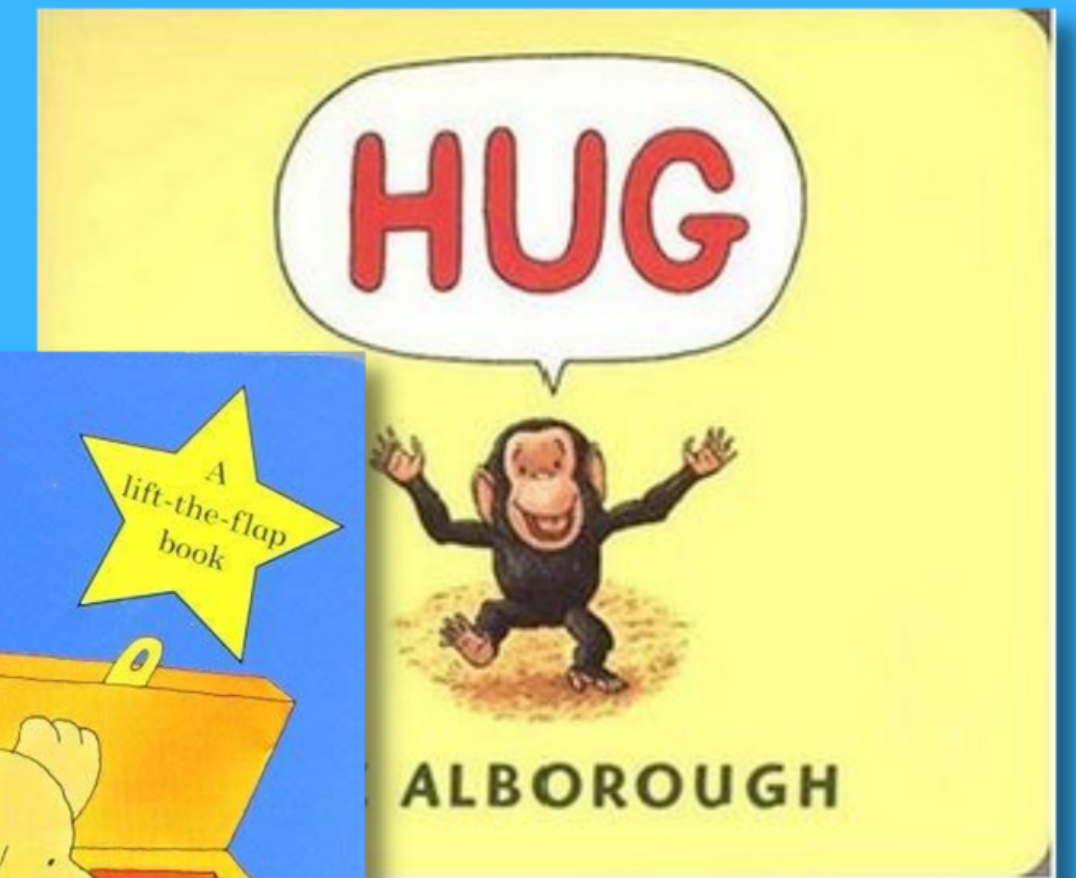
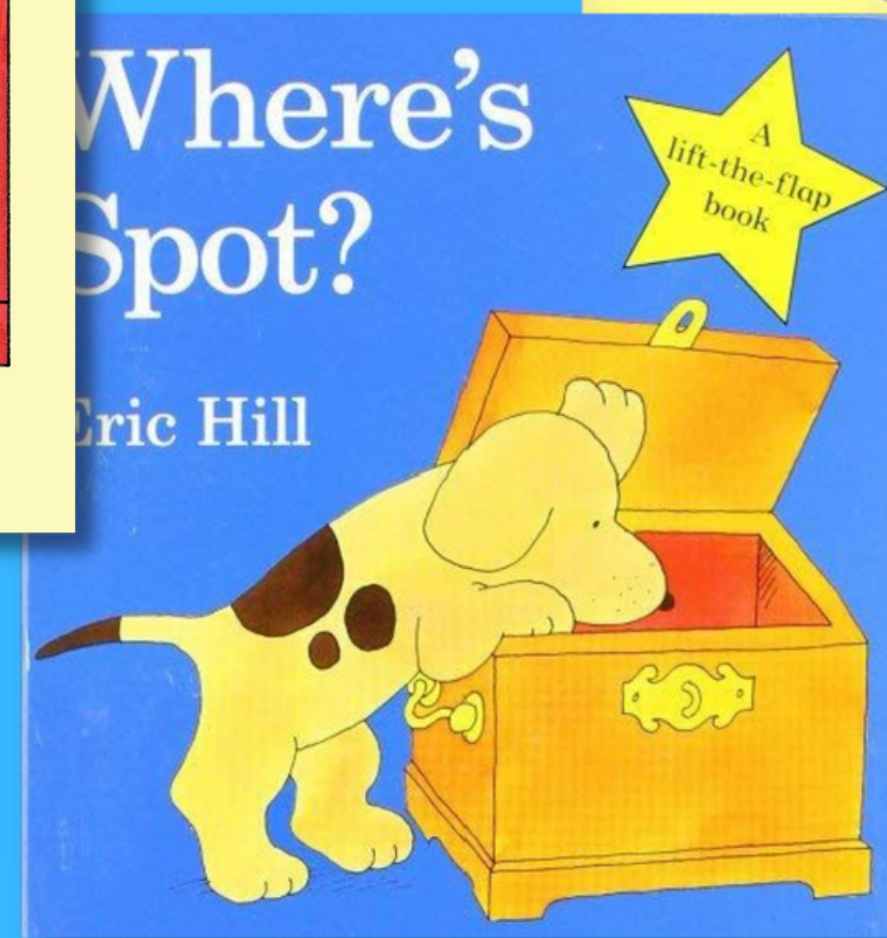
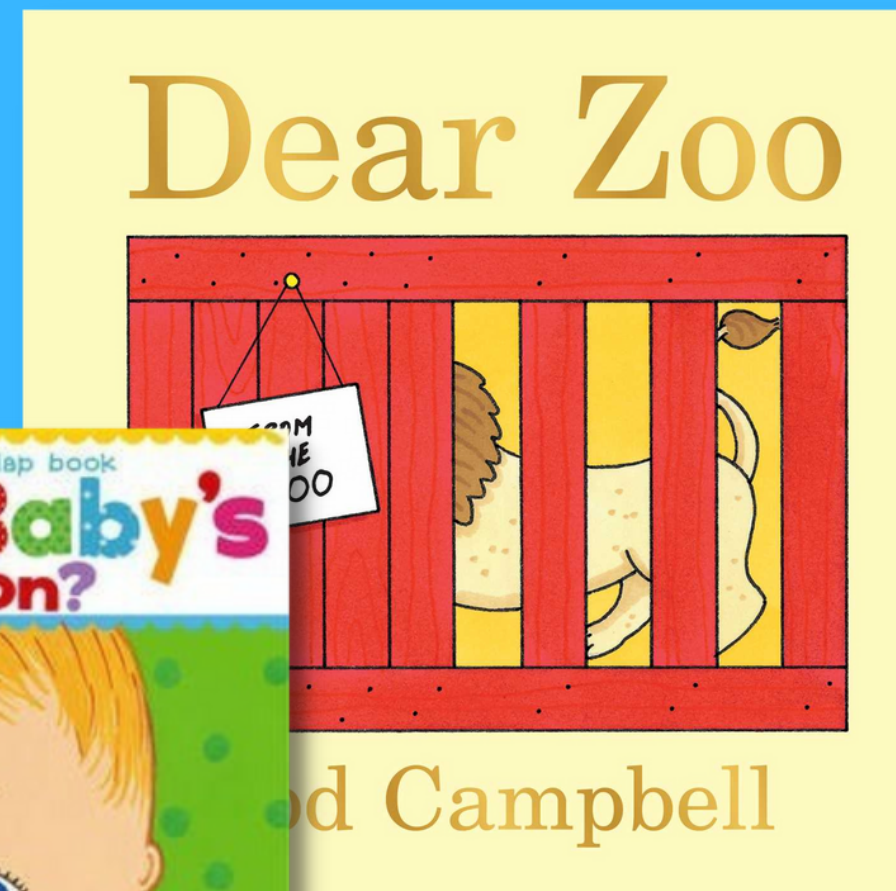
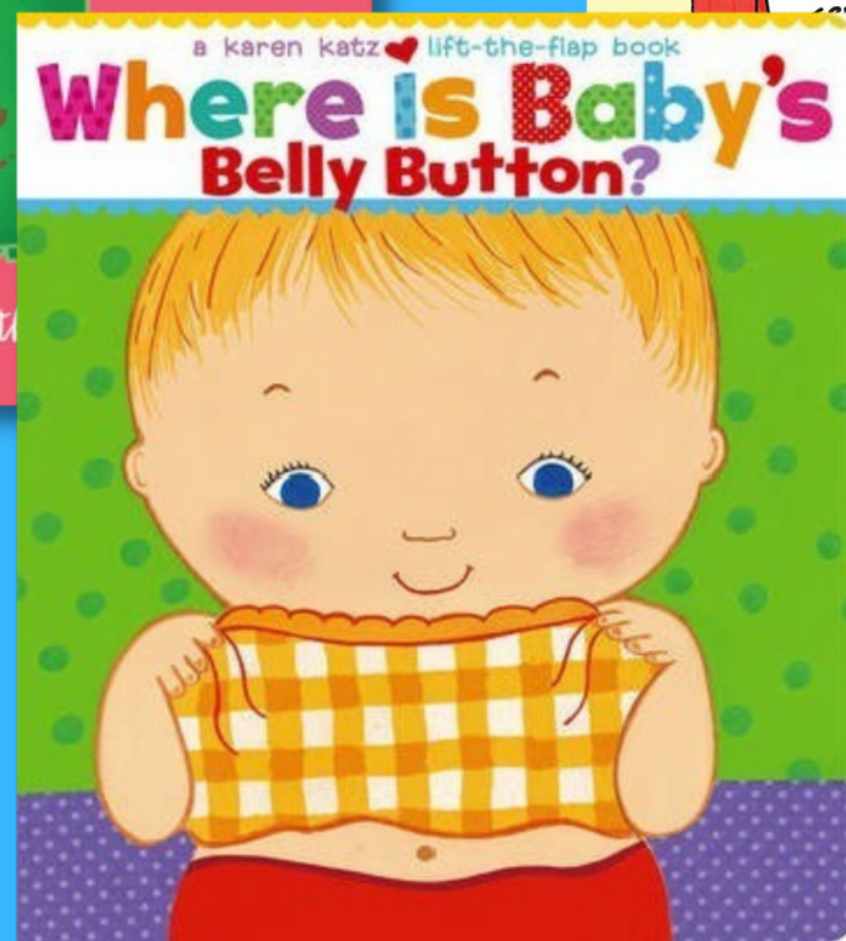
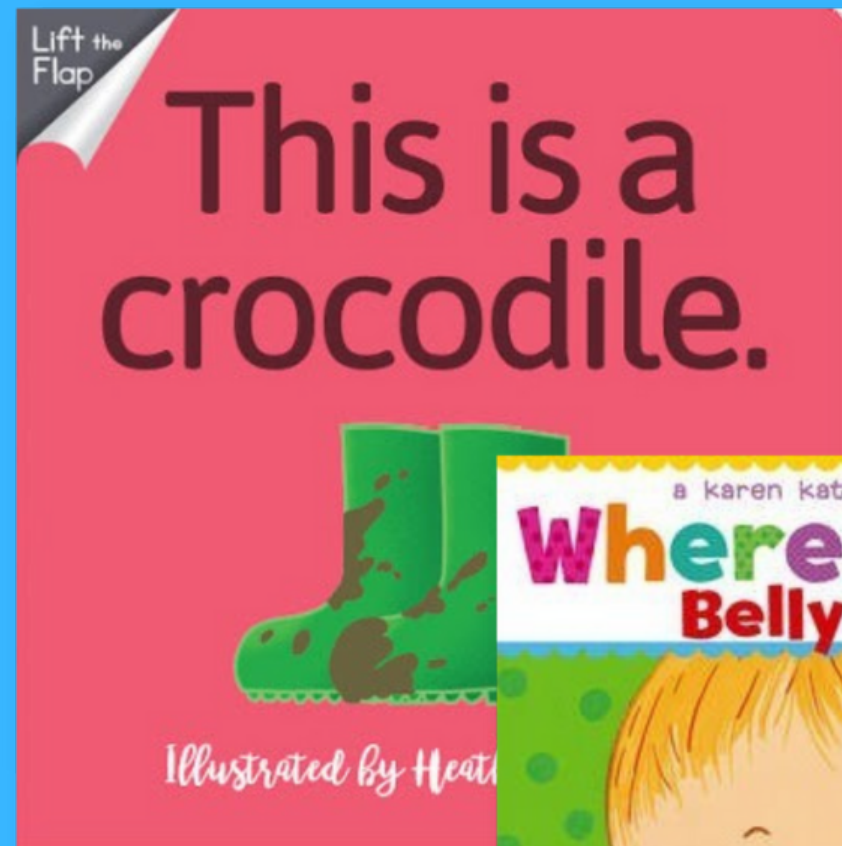
- CLOTH BOOKS AND TOUCH & FEEL BOOKS -



A Joint Community Effort brought to you by We Read to Our Kids and Reading Panda Year 2021

WHAT TO READ TO BABIES?

– Picture Books –



TIPS and TRICKS

✓ Expect lots of chewing and short attention span

✓ Expect reading the same book over and over again

✓ Use lots of "Oooh"s and "Aaah"s when reading



✓ Remember to give lots of hugs and kisses too

✗ Do not force babies to stay still and listen to you

✗ Do not turn reading sessions into teaching sessions

There's no need TO RUSH.

Remember that reading aloud should be fun and stress-free. When you feel overwhelmed caring for your little one, it's OK to take a break. But when you have time to catch a breath or two, pick up that book and read for even as little as 1 minute. *It adds up.*



THANK YOU FOR YOUR TIME!

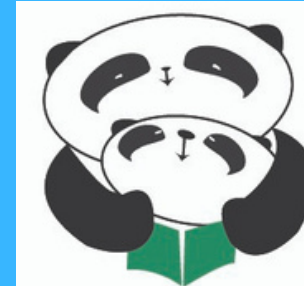
The content of this presentation is based on books about reading aloud expertise, as well as combined experiences shared by read aloud parents in Malaysia, including one with qualifications in Children Education Psychology.

A joint community effort brought to you in Year 2021 by:



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